# BUILD INVEST ADVANCE TRANSFORM





### **2020 ANNUAL REPORT**

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## **Mission Statement**

Health Volunteers Overseas improves the availability and quality of health care through the education, training, and professional development of the health workforce in resource-challenged countries.

# Vision

HVO envisions a world where all people have access to high quality health care delivered by local health professionals.

## Values

• **Innovation** – We implement innovative, effective programs that meet the needs of host country institutions, are sustainable, and build local capacity.

• Excellence – We deliver transformative education projects that promote lifelong learning and professional development opportunities.

• **Partnership** – We work in partnership with other organizations, host governments and institutions, and local health care professionals in a cooperative spirit of mutual respect, equity, and integrity.

• **Stewardship** – We deeply value our members, donors, and volunteers and are committed to strong stewardship of these vital relationships.

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Cover photo: Dr. Jacob Babu (R) teaching splinting technique in Ghana.

## **LETTER FROM THE CHAIR & EXECUTIVE DIRECTOR**

2020 was certainly a year like no other. It started off well, with many volunteers scheduled for assignments and a number of exciting opportunities in the initial stages. Then COVID-19 hit, and the world changed. Volunteers across the globe quickly returned home, borders were closed, and project sites began preparing for the worst.

In response to on-site requests, HVO had initiated efforts in 2019 to formalize virtual training (e-volunteering) so we rapidly pivoted and, after ascertaining availability, interest, and capacity, we began offering virtual training to a number of sites. We are in awe at how well the virtual training has functioned and recognize that, while it will never replace face-to-face volunteer assignments, going forward it will serve as an excellent complementary form of training. Indeed, the silver lining is that virtual training has opened opportunities to so many more participants than would have been possible with on-site training. In Nepal, an on-site training for dentists would have served thirty participants. Instead, it was made available to all dentists in the country and 250 participated!

For so many around the world, the resulting shutdowns meant a loss of jobs and income. HVO was not immune to the financial worries and there were a number of very tough weeks and resulting tough decisions. We are extremely grateful to the many supporters who increased their contributions and helped us continue to serve our mission of training and education.

Thanks also to the many volunteers who took time from their hectic lives to offer virtual training (sometimes in the middle of the night!) to ensure that our partners abroad could continue their education and to maintain the professional relationships that were more crucial than ever.

The pandemic has certainly upended so much of the world. Our partners have been steadfast in their desire to improve their skills and knowledge, even while they were being challenged by the onslaught of the virus. We know that no one is safe until the whole world is vaccinated so their commitment to training is particularly humbling.

Although 2020 was one of the most challenging years ever, we will remember the resiliency that has been demonstrated repeatedly, by our partners, our volunteers, and our supporters. More than ever, we see the enormous value that training and education represent, and the crucial importance of professional collegiality and teamwork. As we look to the future, our commitment to improving global health through education and training is greater than ever. We look forward to a healthier year, and partnering with you to address that mission.

Sincerely,

*Carla Smith. MD. PhD* Carla Smith, MD, PhD Chair, HVO Board of Directors *Nancy A. Kelly* Nancy A. Kelly, MHS Executive Director

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\*As of December 31, 2020

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# BUILDING CAPACITY

## Caring for the Deceased

"Bhutan is currently poised to be able to take bold steps to unify its growing medicolegal death investigation assets with resources throughout the rest of the country and use them to improve health, safety and justice for the citizenry." —Kurt Nolte, MD

Inte 2019, HVO launched The Rita Feinberg Fellowship, an opportunity for volunteers to spend an extended assignment addressing a very specific need requested by project sites. The first fellow, Kurt Nolte, MD, from the University of New Mexico School of Medicine, arrived in Thimphu, Bhutan in early January with an assignment to develop the capacity for forensic pathology.

Dr. Nolte worked collaboratively with Dr. Norbu Norbu, the Head of the Department of Forensic Medicine at the Jigme Dorji Wangchuk National Referral Hospital, and his team. Together, they conducted a review of the current medicolegal death investigations system and Dr. Nolte provided advice on potential improvements. They, in conjunction with hospital engineers, worked out a plan for setting up the new mortuary and autopsy facilities so that they were biosafe, and developed mortuary protocols (such as photography and autopsy proformas).



Healing Buddhas on mortuary wall in Bhutan.

Dr. Nolte provided continuing education sessions to the medical staff in Thimphu and arranged for Dr. Norbu to accompany him to a forensic medicine conference in the United Arab Emirates where they were both scheduled to be speakers, until the opportunity was cancelled because of the COVID-19 pandemic. The two physicians, along with other departmental staff, have continued their collaboration remotely including a research project on road traffic fatalities, a textbook on forensic pathology for community health workers in Bhutan, and forensic fellowship opportunities for Dr. Norbu. The end goal is to ensure that deaths in the country are accurately and safely investigated and recorded, to provide support for public health and safety officials.

# BUILDING CAPACITY

## Developing and Delivering an ICU Neonatal Project During a Pandemic

## **106** e-volunteers in 2020

the midst of the pandemic, HVO was approached by Sonja Kill Memorial Hospital (SKMH) in Kampot, Cambodia about initiating training for nurses in the fundamentals of neonatal care. With an HVO internal medicine project already underway at SKMH, there was familiarity with the site, and the nurses had a strong advocate in Cathy Pingoy, a Filipina nurse who had been working there for many years. She reached out to HVO with a government approved curriculum outline and, together with eight very committed HVO volunteers, the curriculum was developed and nurses were recruited to present lectures on maternal factors, nutrition, neurology, respiratory and cardiovascular conditions, and metabolic disorders.

The e-learning format proved to be beneficial in unexpected ways. Initially, pre-recorded e-lectures were provided on a schedule, with live discussion sessions provided at the completion of each lesson, to review the topic and answer questions. As COVID-19 hit Cambodia, scheduled sessions were postponed as many of the NICU nurses were placed on quarantine and unable to gather for the lectures. At that point, the pre-recorded lectures and lesson handouts were uploaded to HVO's new e-learning website (the REI). Now, Cathy and all of the nurses are able to access the lectures and other educational resources through the REI at their own pace and from any location.



Virtual training for nurses in Cambodia.

This new opportunity, developed out of necessity during the pandemic, has accelerated the expansion of virtual training. Not only does it allow on-going training for the nurses in the neonatal intensive care unit, but the knowledge provided is giving young babies a better chance for a healthy start to life.

# INVESTING IN HEALTH PROFESSIONALS

## The Power of Education

2020 was impacted in so many different ways by COVID-19. HVO's work in training and education was no exception. Here's a snapshot of one country, Bhutan, and its commitment to training.

In early March, Mr. Gangtey, a physiotherapist from the easternmost district in Bhutan, was set to attend an international hand therapy conference in Melbourne, Australia on a Wyss Scholarship. The day he was to depart on his trip, a landslide blocked the road. He had a relative drop him off at the blockage and he hiked through the rubble until he could reach the other side of the impasse, as he was determined not to miss the conference.

Meanwhile, the first COVID-19 case appeared in Bhutan and flights were being cancelled. When asked if he thought he should stay home, he insisted on traveling. He managed to fly on one of the few flights, participate in the conference, and then he spent a few days shadowing an HVO volunteer at her work site.

By then, the world was starting to shut down, flights everywhere were being cancelled, and the few remaining ones were booked solid. There were a few tense days as we worried Mr. Gangtey might be sheltering in Australia for months to come. Finally, a seat opened up, and Mr. Gangtey was on his way back to Bhutan where he was told he would need to quarantine for 21 days. His response? "It gives me a great opportunity to study all the wonderful materials I received at the conference."



Mr. Gangtey hiking through the landslide.

# INVESTING IN HEALTH PROFESSIONALS

## The Power of Education

Meanwhile, Trenton Harper, a registered paramedic, had arrived in Bhutan in January on a Rita Feinberg Fellowship. His assignment was to work with the new Emergency Medical Responder (EMR) training program, in collaboration with the Khesar Gyalpo University of Medical Sciences (KGUMSB) and Jigme Dorji Wangchuck National Referral Hospital (JDWNRH). Trenton was tasked with providing field training and preceptorship to students in their last semester of their second and third years. This would provide a transition from classwork and in-hospital settings to the out-of-hospital environment, as the third year graduates were due to be sent to regional hospitals across the country.



Trenton Harper (center) with graduates of Emergency Medical Responder program.

As COVID-19 spread in the world, Bhutan closed its borders to foreigners and cancelled all classes. Trenton began working shifts in the Emergency Department and working on ambulance runs. Asked if he wanted to return to the US, before all flights were cancelled, Trenton chose to stay and assist. Bhutan remained remarkably safe during the worst of 2020 and he was able to help the third-year students finish their final semester and exams. All are now posted on their assignments throughout Bhutan.

In late 2019, plans were underway for the 2020 launch of a new HVO project, in collaboration with JDWNR and KGUMSB, to provide training in the residency program for obstetrics/gynecology. With the pandemic, there was concern that the project would have to be postponed, yet no one wanted to put it on

indefinite hold. Instead, colleagues in Bhutan and HVO volunteers doubled down on their efforts and converted the project to a virtual training and education program. Weekly lectures are provided over Zoom with 11 lectures delivered so far and over 25 more scheduled throughout 2021 and 2022. In addition to the didactic instruction, HVO volunteers are serving as virtual research mentors for the 1-2 year residents who must complete a multi-year research project as a required component of their curriculum.

Never underestimate the power of education, and the commitment of our colleagues to obtaining it in order to improve health care.

# ADVANCING GLOBAL HEALTH

E-learning

"I got inspired to do some remote lectures for my colleagues in Phnom Penh and found, as I was recording my voice over Powerpoint that it was really easy to picture myself in their conference room as I had just been there in 2019.

To my delight, one of the staff nurses emailed me shortly afterwards to say how much they enjoyed my lecture and it felt like I was right there in the room with them!"

-Patricia Rogers, MSN, Nursing Education, Cambodia



So often, health care is channeled into silos of specialties. However, that is not how patients approach their provider when they have a health issue. This is particularly true for internal medicine and pediatric providers, who may be asked to advise on any number of concerns.

HVO volunteer Alexia Knapp, MD, MS, and a member of the Global Medicine Faculty at the University of Minnesota, developed a basic e-learning course on dermatology so that clinicians could diagnose and manage common skin problems and neglected tropical diseases affecting the skin. Thanks to a special arrangement with the University of Minnesota, that course has been made available to 41 physicians at HVO internal medicine projects in Guyana, Cambodia, and Nepal.

The physicians are able to proceed through the course at their own pace, receive continuing medical education credits, and have a better understanding of skin conditions they may encounter which, in turn, makes the clinic visit more worthwhile for the patient.



Emergency medicine training in Cambodia.

## **ADVANCING GLOBAL HEALTH**

## Embedding E-learning in HVO's Model

"This remote teaching online was a wonderful experience, as it allowed me to continue international service to Africa in advancing stroke neuro-rehabilitation amidst the prevailing pandemic restrictions. I hope that the clinicians, students and faculty there gained from the experience as much as I did." —James Carey, PhD, PT, Physical Therapy, Rwanda



the extent of the pandemic became evident, and it was apparent that travel was not possible, HVO determined that training needed to be provided through low-cost technology that was easily accessible to both the project sites and volunteers. Although general e-learning platforms are available, they did not meet the criteria of being easily available, affordable, and flexible for use in resource-scarce countries. A survey was sent to HVO's international partners and not only was there considerable interest in virtual training but maintaining professional contact seemed more important than ever.

HVO worked with an experienced instructional designer who was comfortable with environments of scarce resources. She developed a novel remote education interface (REI) that is customized to fit our unique program model. It is flexible, user friendly, and easily accessible considering the technological constraints encountered at many of our partner institutions. Each project site will now be able to work with HVO staff to customize an REI based on their specific training needs and technological capacities, providing a streamlined and centralized location for trainees and volunteers to engage in training activities and to access resources.

The REI interface can accommodate both live and recorded sessions, and it serves as a library for all previously recorded lectures, as well as videos, articles and other relevant resources. It has an interactive capability allowing for pre- and post- tests to be offered, communication to be shared with the instructor, and assignments to be submitted. Importantly, the REI is user-friendly and easily navigated on any device (computer, tablet, cell phone) ensuring materials are readily accessible to learners through their preferred method. This new interface provides an alternative and complementary form of training to HVO's on-theground volunteer model, which will serve to enhance and expand HVO's impact.

# TRANSFORMING LIVES

We are enjoying the learning opportunity attending 14th Asian association of OMFS meeting together Dr. Matt I thanks a lot for your support I 9:50 PM

A Gift of Education



Dr. Fisher (center) at the 2019 Nepali Pediatric Dental Association meeting.

atthew Fisher, DMD, has maintained contact with the dentists at Dhulikhel Dental School in Kathmandu, Nepal since his first HVO volunteer assignment in 2018. As COVID began to spread across the globe, Dr. Fisher reached out to Dr. Dashrath Kafle, the on-site coordinator, to check on the situation there.

The virus had not yet hit as severely as it later would and Dr. Kafle asked if Dr. Fisher would be willing to provide an hour lecture for the pediatric dentists. The timing coincided with Dr. Fisher's plans to attend a four-day virtual conference of the International Association of Pediatric Dentistry. He suggested, instead, that he register the two pediatric dentists, giving them access to over thirty hours of lectures from global speakers. That made him realize that this opportunity was such an effective way to provide training and form connections with dentists across the globe, that he registered all 29 pediat<u>ric dentists in Nepal!</u>



Having experienced on-site teaching in Nepal each morning for two hours, Dr. Fisher recognized that virtual training provided access to so much information in a variety of dental specialties. As a result, he began enrolling all the dental specialists in virtual conferences in their fields whenever he could. The feedback from the participants has been tremendous. This gift of education that Dr. Fisher has provided has allowed dentists who, otherwise, would never have been able to participate in international conferences, to expand their knowledge and gain a deeper understanding of the global field of oral health. Many thanks to Dr. Fisher for so generously transforming lives!

## **TRANSFORMING LIVES**

"It was very rewarding to volunteer with HVO via their E-learning opportunities. They were well organized, and were accommodating to my busy work schedule. It was evident that they appreciated the lecture I gave due to the audience turnout and feedback received. My favorite part was learning that the majority of dental students in Nepal are women! I hope to take my volunteering with HVO further and travel to Nepal and other affiliated countries in the future." —Angela Hastings, DMD, Oral Health, Nepal



# **The HVO Legacy Circle**

The following people have made a commitment to HVO's future through a provision in their charitable gift planning.

Anonymous (5) Charles & Sandy Blitzer Richard Coughlin, MD, MSc Jay Cox, MD Nancy Cox Kim Dunleavy, PhD, PT, OCS Denise & Dennis English Germaine Fritz, DO Dr. & Mrs. David Frost Leslie Glickman, PT, PhD, MEd, MGA Elaine Goodall, PT, Med

Linda & John James Nancy Kelly & Michael Hagan Richard & Mary Kemme Drs. Elizabeth & Gopal Krishnan Stephanie & Chris Murphy Celia Pechak, PT, PhD, MPH James Pembroke Alfred Scherzer, MD, MS, EdD Steven Stoddard, MD The Estate of Karen Pitts Stubenvoll Dr. Robert & Ann Volz

## Ways to Support HVO's Work

Give online: www.hvousa.org/donate

Ambassador-at-Large: Make your gift a recurring one!

The HVO Legacy Circle: Include HVO as a beneficiary in your estate planning.

**IRA Distribution:** If you are 70 ½ or older, you can make a "qualified charitable distribution" from your IRA to HVO and avoid taxes on transfers of up to \$100,000.

**Gifts of Securities:** You may avoid capital gains tax on securities held long-term and provide a tax deduction equal to the fair market value at the date of transfer.

**Donor Advised Funds:** Donor advised funds are an increasingly popular way to support HVO with funds you have already set aside for charitable purposes.

## **GOLDEN APPLE AWARD**

The Golden Apple Award, established by the HVO Board of Directors in 2006, recognizes extraordinary contributions in support of HVO's mission, organization, and/or project sites. The award recognizes work in curriculum development, mentoring of faculty, students, clinicians or fellow volunteers, didactic or clinical training, development of education resources, leadership and/or extraordinary contribution to the sustainability and effectiveness of HVO.

### **2020 GOLDEN APPLE HONOREES**

Roland Beverly, MD Jill Derstine, EdD, RN, FAAN Susan Harris, MD Patricia Larsen, PT, CWS, OMS Monika Mann, PT, MPH Anne Marie Tietjen, PhD







"The HVO mission, teaching and training health professionals, focuses on long-term improvement in health outcomes by increasing in-country health professional capacity. As a neonatologist, HVO has given me the opportunity to help Ugandans improve the survival of thousands of newborns through teaching physicians-in-training and nursing staff for over 20 years. The HVO volunteer experience is rewarded by seeing positive changes occurring gradually over time and through development of enduring professional partnerships. It is a privilege to serve as an HVO volunteer!"

-Yvonne Vaucher, MD, MPH

## **PARTNERSHIPS**

### **2020 Collaborating Institutions & Organizations**

We thank our many outstanding partners around the world for their support.



*Monika Mann (R) and the Peru Physiotherapy Association are strengthening rehabilitation in the health system.* 

### BHUTAN

Mongar Eastern Regional Referral Hospital

### Thimphu

Jigme Dorji Wangchuck National Referral Hospital Ministry of Health Royal Institute of Health Sciences University of Medical Sciences

### CAMBODIA

Kampot Sonja Kill Memorial Hospital

### Phnom Penh

Calmette Hospital Ciomal Kien Kleng Centre HOPE Medical Centers Preah Kossamak Hospital Sihanouk Hospital Center of HOPE

### Siem Reap

Angkor Hospital for Children

### CHINA

Wenzhou Second Affiliated Hospital of Wenzhou Medical School

### COSTA RICA

San Jose Caja Costarricense de Seguro Social System Costa Rican College of Physicians University of Costa Rica

### GHANA

Kumasi Komfo Anokye Teaching Hospital

Tamale University for Development Studies

### GUYANA

**Georgetown** Georgetown Public Hospital Corporation

### HAITI

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### HONDURAS

**Tegucigalpa** Cancer Center Emma Callejas Hospital Escuela Hospital San Felipe

### INDIA

**Bangalore** Bangalore Baptist Hospital

Vellore Christian Medical College

### LAOS

**Luang Prabang** Lao Friends Hospital for Children

### Vientiane

National University of Laos

### MALAWI

**Blantyre** Malawi College of Medicine Queen Elizabeth Central Hospital University of Malawi

### MOLDOVA

**Chisinau** Clinical Hospital of Orthopaedics and Traumatology Reconstructive Pediatric Hospital Republic Hospital

### MYANMAR

**Yangon** Yangon General Hospital Yangon Orthopaedic Hospital

### NEPAL

**Bhaktapur** Bhaktapur Cancer Hospital

**Dhulikhel** Dhulikhel Hospital

### Kathmandu

Dermatology Institute Skin Health & Referral Center Kathmandu Medical College & Teaching Hospital Kathmandu University School of Medical Sciences

## PARTNERSHIPS

National Academy of Medical Sciences Nepal Medical College & Teaching Hospital

### Tansen

Lumbini Medical College

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Hospital Infantil Manuel Jesus Rivera
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Instituto Politecnico de la Salud

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Carlos Alberto Sequin Escobedo Hospital Catholic University of Santa Maria Empresa de Seguros de Salud (EsSalud) Hospital System Yanahuara Hospital

### Chiclayo

The Craniofacial Center of Hospital Regional Docente, Las Mercedes

### **RWANDA**

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King Faisal Hospital Rwanda Physiotherapy Association School of Health Sciences, College of Medicine & Health Sciences, University of Rwanda

### **ST. LUCIA**

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Dar es Salaam Muhimbili National Hospital Muhimbili University of Health and Allied Sciences Tanzanian Dental Association

### Moshi

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### Mwanza

Weill Bugando Medical Centre

### UGANDA

Kabale Kabale University School of Medicine

### Kampala

Makerere University Mulago National Referral Hospital

### Mbarara

Mbarara University of Science and Technology Mbarara University Teaching Hospital

### VIETNAM

**Da Nang** Da Nang Orthopedic and Rehabilitation Hospital Da Nang University of Medical Technology and Pharmacy

### Hai Duong

Hai Duong Medical and Technical University

### Hanoi

National Cancer Hospital



Learning huddle around new ICU bed in Tanzania.

Ho Chi Minh City Hospital for Traumatology and Orthopaedics

### Hue

Hue University of Medicine and Pharmacy

### STRATEGIC ALLIANCES

American Society of Pediatric Nephrology AO North America Better Evidence Bhutan Foundation Direct Relief Fund for Global Health Global Alliance for Musculoskeletal Health

Global Health Workforce Network **Global-HELP Global Impact** GLODERM – International Alliance for Global Health Dermatology International Pediatric Nephrology Association International Society for Prosthetics and Orthotics ISWP – International Society for Wheelchair Professionals Physiopedia The Retired Physicians' Association of TPMG SEA - Society for Education in Anesthesia World Health Organization World Telehealth Initiative

## **LEADERSHIP**

### **2020 Project Directors & Steering Committee Members**

Volunteers provide the guidance and support essential for the success of HVO programs. These leaders work year-round in many capacities – on Steering Committees providing oversight and exploring new project opportunities, and as Project Directors recruiting and preparing volunteers, as well as monitoring and refining the educational goals of individual projects. Special thanks are due to these individuals who provide the framework for the management of HVO's educational programs.

\*As of December 31, 2020

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Oral Health Steering Committee meeting via Zoom.

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Uganda Paula Lee, MD, MPH & Stefanie Ueda, MD
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## **SCHOLARS OF 2020**

Thanks to the generous contributions of donors, HVO offers a variety of scholarships to local health workers for continuing education and professional development opportunities around the world. Unfortunately, with the COVID-19 pandemic, all travel was cut short early in the year.

### WYSS SCHOLARSHIP FOR FUTURE LEADERS IN GLOBAL HEALTH

**Dr. Kalpana Chhetri** (Khesar Gyalpo University of Medical Sciences – Thimphu, Bhutan): Attended the German Society of Tropical Paediatrics and International Child Health annual conference, and the Intensive Course of Tropical Paediatrics, followed by a clinical observation in an infectious disease hospital in Tubingen, Germany. These two physical therapists attended the "Hand Therapy and the Digital Revolution" conference hosted by the Australian Hand Surgery Society in Melbourne, Australia:

**Gangtey** (Trashigang General Hospital – Trashigang, Bhutan)

**Robert Sowa** (Komfo Anokye Teaching Hospital – Kumasi, Ghana)

### **Project Directors**

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"I have been practicing hematopathology for twenty years. I can honestly say that this was one of the most rewarding things I have done professionally during this time." —Jared Block, M.D., Hematology, Tanzania

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# **HVO SNAPSHOT**

data reflects five-year average

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75+

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providers trained per volunteer

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"Since the beginning of collaboration with HVO, we are able to transform the quality of dental education at our university and translate the theoretical knowledge into skills in hand. With HVO, we are able to produce world class dentists locally."

-Dashrath Kafle, MDS, assistant professor, Faculty of Dentistry, Kathmandu University School of Medicine, Nepal scholarships awarded (5-year total)

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countries

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## We thank the many individuals who completed volunteer assignments in 2020.\*

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Taxi park in Kampala, Uganda.

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"The privilege of volunteering with HVO, supporting the training of pediatric health care providers, continues to inspire me. I value the relationships formed with local and international colleagues and the opportunity to participate in bilateral learning experiences." —Leila Srour, MD, MPH, DTM&H Kristine Osmond, MOT, OTR/L George Pantely, MD Sharon Pantely Eva Parker, MD, FAAD Arnold Paulino, MD James Pelletier, PhD, RN Tiffany Perry, MD Alyssa Peters, BSN, RN, CCRN Rachel Plotinsky, MD Wendy Pollak, MSPT Veronique Poulin, MD Surendra Prajapati, PhD \*\* Louis Rafetto, DMD Heidi Reich, MD Rockwood Reid, MA, PT Geraldine Rice, RN Patricia Rogers, MSN Peggy Roller, DPT, PT, MS Rebecca Rothemich, RN, CFCN, CWON, CWS \*\*\*\* Georgios Roumeliotis, MD Royann Royer, RDH, MPH, CDA Travis Rudd, DDS Eric Ryan, MD Robert Ryder, MD, MSc Antoinette Sander, PT, DPT, MS, CLT-LANA Kenneth Schiffman, MD Elijah Schoepp Peter Sepsis, MS, MPH Lauren Shapiro, MD Stuart Sheer, DDS Elizabeth Shick, DDS, MPH Michael Silvas, MD Sergio Simon, MD, PhD Shruti Singh, MD Michael Snedden, MD Sally Snedden Steven Sonnenberg, MD



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(HVO's online training) "enabled us to be more confident in providing information to patients and families on the patient's condition. We could communicate better with patients and families."

-Yangden Paki, GNM, BScN, lead palliative care nurse, Oncology, Bhutan

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### **Statement of Activities**

For the Year Ended December 31, 2020

		Without Donor Restrictions	With Donor Restrictions	Total
Revenue and Support:				
	In-kind Contributions	\$2,324,691	\$ O	\$2,324,691
	Contributions - Other	968,799	58,060	1,026,859
	Paycheck Protection Program Grant	141,700	0	141,700
	Other Income	9,668	0	9,668
	Investment Income, Net	227,956	0	227,956
	Net assets released from restrictions	153,562	(153,562)	0
	Total Revenue and Support:	3,826,376	(95,502)	3,730,874
Expenses:				
	Program services:			
	In-kind program services	2,324,691	0	2,324,691
	Program services - other	914,853	0	914,853
	Total Program Services:	3,239,544	0	3,239,544
	Support services:			
	Management and general	185,566	0	185,566
	Fundraising	79,527	0	79,527
	Total Support Services:	265,093	0	265,093
	Total Expenses	3,504,637	0	3,504,637
Change in Net Assets		321,739	(95,502)	226,237
Net Assets - Beginning of Year		1,614,598	588,560	2,203,158
Net Assets - End of Year		\$1,936,337	\$493,058	\$2,429,395

The complete audited statements are available upon request and on the HVO website.



"HVO has been very instrumental in setting up and conducting the pediatric residency training program in Bhutan. The pediatric HVO doctors have been supporting the department not only during their time when they were posted here but also after they have left the country. They continue to guide us even from afar. Thank you and look forward to receiving more volunteers after the pandemic is over." —Mimi Lhamu Mynak, MBBS, on-site coordinator – Pediatrics, Bhutan

Some photos were pulled from HVO's archives, due to limited travel in 2020.

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