



**Health Volunteers Overseas**  
*Transforming Lives Through Education*

*partnering*  
to transform lives

**2017**

**ANNUAL REPORT**



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ADA Foundation  
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Association for the Advancement of Wound Care  
British Society for Haematology\*  
Oncology Nursing Society  
Society of Gynecologic Oncology  
Society of Surgical Oncology

*\*as of January 2018*

## MISSION STATEMENT

Health Volunteers Overseas is dedicated to improving the availability and quality of health care through the education, training and professional development of the health workforce in resource-scarce countries.

## VISION

HVO will be recognized as a global leader in the design and implementation of capacity-building projects that strengthen and empower the global health workforce.

## CORE VALUES

Health Volunteers Overseas:

- implements innovative, effective programs that meet the needs of the host country and institution, are sustainable, and build local capacity.
- works in partnership with other organizations, host governments and institutions, and local health care professionals in a spirit of mutual respect and cooperation.
- is dedicated to good stewardship and lifelong learning.

## LETTER FROM THE CHAIR AND EXECUTIVE DIRECTOR

In 2017, HVO sent 407 volunteers to 25 countries, serving 437 assignments in 97 projects across the globe. Those are a few statistics behind our work, but the real impact is far greater as each volunteer is working closely with many local health care professionals. As the local staff receive training, whether clinical or didactic, that knowledge and skill is shared with their other colleagues and incorporated in practice, benefiting patients and the entire team of professionals providing that care.

HVO's story is one of facilitating partnerships - between institutions, local providers, volunteers and sponsor organizations - connecting people with one another and with the resources necessary to deliver education and training to health workers in resource-scarce countries. Our goal is to strengthen health care systems by developing the capacity of local health workers. It is not a goal reached quickly or easily, but it happens as a result of working side-by-side with our in-country colleagues and learning from each other. As you'll see on page 11, HVO's long-term commitment is making real impact; 81% of our local project coordinators reported improvement in staff skills and, most importantly, 68% noted improvement in patient outcomes in 2017!

Not only are there important benefits for the patients and professionals we serve, but those volunteering with HVO also report positive impacts personally and professionally. Nearly 45% of HVO's volunteers are repeat volunteers, who return year after year to the same site. 97% of our volunteers felt their service last year enriched their commitment to global health and service, and 86% felt it strengthened their professional networks - which is good news in this era of professional burn-out.

A core value of HVO is our financial stewardship. With no debt and healthy fund balances, HVO continues to grow our program services efficiently and effectively. The trust you place in us when you support our work is one of our greatest assets. HVO is committed to accountability and fiscal integrity, which ensure that our partnerships are well-grounded. HVO would like to extend special thanks to Mr. Hansjörg Wyss for his generous multi-year gift that has allowed us to field more volunteers, improve project support, and develop in-house evaluation systems - all with an eye towards strengthening our ability to most effectively address global health systems in partnership with our project sites.

The bonds and trust that develop over time are crucial to our work, as local health professionals identify challenges they encounter in diagnosing and treating patients and share them with HVO volunteers. The volunteers, in turn, share their knowledge, experience, and resource contacts from practice and previous volunteer work, to collaborate with the local staff to address the problem. HVO's impact is magnified by the expanded partnerships we have forged with local institutions and with professional associations, all of which are backed by dedicated sponsors and donors. Each of these people is critical to the HVO mission and experience, sharing in a common commitment to improve global health care.

Thank you for partnering with us on this journey to strengthen health care systems around the world!

Sincerely,

*William C. Horton*

William C. Horton, MD  
Chair, HVO Board of Directors

*Nancy A. Kelly*

Nancy A. Kelly, MHS  
Executive Director

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# partnerships

## 2017 COLLABORATING INSTITUTIONS & ORGANIZATIONS

We thank our many outstanding  
partners around the world  
for their support.

"Sharing  
histories and  
traditions with  
health workers  
in resource-scarce  
countries is a critical  
step toward improving  
global health outcomes.  
Positive change often begins  
with time spent sitting together as  
equals."

-Jody Olsen, PhD, MSW  
Former Chair, HVO Board of Directors

### **BHUTAN**

*Mongar*  
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*Thimphu*  
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Mbingo Baptist Hospital

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Wenzhou Medical School

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*San Jose*  
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Social System  
Costa Rican College of Physicians  
University of Costa Rica

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Duncan Hospital  
*Vellore*  
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*Vientiane*  
National University of Laos

## **MALAWI**

*Blantyre*  
Malawi College of Medicine  
Queen Elizabeth Central Hospital  
University of Malawi

## **MOLDOVA**

*Chisinau*  
Clinical Hospital of Orthopaedics  
and Traumatology  
Reconstructive Pediatric Hospital  
Republic Hospital

## **MYANMAR**

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Yangon Orthopaedic Hospital

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*Bhaktapur*  
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*Dhulikhel*  
Dhulikhel Hospital  
  
*Kathmandu*  
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& Referral Center  
Kathmandu Medical College &  
Teaching Hospital  
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Medical Sciences  
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Hospital  
  
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## **PERU**

*Arequipa*  
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Catholic University of Santa Maria  
Yanahuara Hospital  
  
*Chiclayo*  
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Hospital Regional Docente, Las  
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## **RWANDA**

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Rehabilitation Center  
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US Department of State's Office of  
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World Health Organization,  
Department of Essential Health  
Technologies, Emergency &  
Essential Surgical Care Clinical  
Procedures Unit (CPR)  
World Orthopaedic Concern

*"I had the privilege to meet and develop strong working relationships with residents and faculty at Mulago Hospital, who are similarly interested in building critical care capacity in low-income African countries. We continue to work together and have ongoing electronic communication. Sharing ideas and educational resources, and partnering in research and quality improvement projects has made this collaboration very productive."*

*-Cynthia Howard, MD, MPH · Pediatrics · Uganda*

# Leadership

## 2017 PROJECT DIRECTORS & STEERING COMMITTEE MEMBERS\*

We thank our many leadership volunteers who create the framework for management of HVO's educational programs by providing guidance and support. These leaders work year-round to provide program oversight, explore new project opportunities, recruit and prepare volunteers, and monitor and refine the educational goals of every HVO project.

\*as of December 31, 2017

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## PROJECT DIRECTORS

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Tzamaloukas, APRN, CNS  
*Cambodia (Siem Reap)* Laurie  
Rappl, PT, CWS  
*Haiti* Pam Cole, PT, CWS  
*India* Barbara Bates-Jensen, PhD,  
RN

## OTHER PROJECTS

*Emergency Medicine Bhutan*  
Katharine Morley, MD, MPH  
*Mental Health Bhutan*  
Darren Smith, Psy.D  
*Pharmacy Uganda*  
Susan Raber, PharmD, MPH

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David Spiegel, MD  
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Carol Warfield, MD

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Robert Piemonte, EdD, RN, CAE,  
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Robert Stein, MD

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Yiqin Ren

### Uganda

*Volunteer Coordinator*  
Stella Nyange

## SCHOLARS OF 2017

Thanks to the generous contributions of donors, HVO offers a variety of scholarships to local health workers to participate in continuing education and professional development opportunities around the world.

### JUDY CANFIELD-HENRY SCHOLARSHIP

- **Alise Baptiste** (Société Haitienne de Physiothérapie (SHP) in Port-au-Prince, Haiti) & **Richard Elie Romage**, PT (SHP) - Attended World Confederation for Physical Therapy (WCPT Congress) in Cape Town, South Africa

### HVO SCHOLARSHIP

- **Maria Minolta Belfort** (SHP) & **Patricia Bertrand** (SHP) - Attended WCPT North American Caribbean Region (NACR) meeting in Toronto, Canada
- **Jean-Damascene Bigirimana**, PT (Rwanda Allied Health Professions Council) - Presented poster at WCPT Congress

### THE WARFIELD SCHOLARSHIP FOR ANESTHESIA PROFESSIONALS

- **Nguyen Van Minh**, MD, PhD (Department of Anesthesia & Critical Care at Hue University Hospital in Hue, Vietnam) - Attended the American Society of Anesthesiologists conference in Boston, and spent time observing practice with Lena Dohlman-Gerhart, MD, MPH

### THE WYSS SCHOLARSHIP FOR FUTURE LEADERS IN GLOBAL HEALTH

- **Chuop Bophal**, MD (Angkor Children's Hospital in Siem Reap, Cambodia) - Participated in pediatric nephrology placement at Hasbro Children's Hospital in Providence, Rhode Island
- **Jean Damascene Gasherebuka**, MScPT (Chair of Rwanda Health Sectors Skills Council and Rwanda Allied Health Professions Council) - Attended WCPT Congress
- **Subekcha Karki**, MBBS (DI Skin Health and Referral Centre in Kathmandu, Nepal) - Attended World Congress of Pediatric Dermatology and observed practice with Anita Haggstrom, MD in Indiana

### THE WYSS SCHOLARSHIP FOR FUTURE LEADERS IN GLOBAL HEALTH

- **Inès Musabyemariya**, PT, NDT (Heroes Day Care Center for Children with Severe Disabilities in Kigali, Rwanda) - Attended WCPT Congress
- **Assuman Nuhu**, MScPT (College of Medicine and Health Sciences, University of Rwanda in Kigali, Rwanda) - Attended WCPT Congress
- **Frank Olotu**, BScPT, MA (Orthopaedics & Trauma Department at Kilimanjaro Christian Medical Center and tutorial assistant at Tumaini University/KCM University College in Moshi, Tanzania) - Attended three weeks of training at Thomas Jefferson University Hospital and Magee Rehabilitation Hospital in Philadelphia, Pennsylvania
- **Dinesh Pradhan**, MD (Pediatrics, Khesar Gyalpo University of Medical Sciences in Thimphu, Bhutan) - Attended Asian Congress of Pediatric Nephrology in Kuala Lumpur, Malaysia
- **Rachna Pradhan**, RN (Oncology and Palliative Units at Jigme Dorji Wangchuck National Referral Hospital in Thimphu, Bhutan) - Attended CanRehab2017, a conference on the multidisciplinary approach to cancer rehabilitation held at Tata Memorial Hospital in Mumbai, India
- **Ritesh Sree**, BDS (Department of Oral Pathology, Microbiology, & Forensic Odontology at Dhulikhel Hospital, Kathmandu University of Medical Sciences in Dhulikhel, Kavre, Nepal) - Attended the annual meeting of the American Academy of Oral and Maxillofacial Pathology and spent time observing with Cynthia Kleinegger, DDS at Northwest Oral Pathology in Oregon
- **Lenny Vasanthan Thinakaran**, MPT (Physiotherapy Unit at Christian Medical College in Vellore, India) - Attended Basic Vestibular Rehabilitation Course at Australia Catholic University in Sydney, Australia

List reflects assignments  
completed in 2017  
\*stars indicate multiple  
assignments

William Abbott, MD  
Dorrit Ahbel, MD  
Karen Albaugh, PT, DPT,  
MPH, CWS  
Ron Anderson, MD, MS,  
CPC  
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RN, APN  
Anna Antonowich, MSN,  
FNP-BC, OCN  
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"On a  
professional  
level, I now have a  
network of colleagues  
in another continent  
who I can contact with  
conditions rare here in the  
US, but those that are more  
common in their area. They have  
become a resource of sorts to me"

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*"Up to now we still keep in touch with the volunteers so when we have [difficult] cases we send the history and the picture to them and we discuss together to have the best diagnosis and treatment for the patient."*

-Tran Ngoc Khanh Nam, MD  
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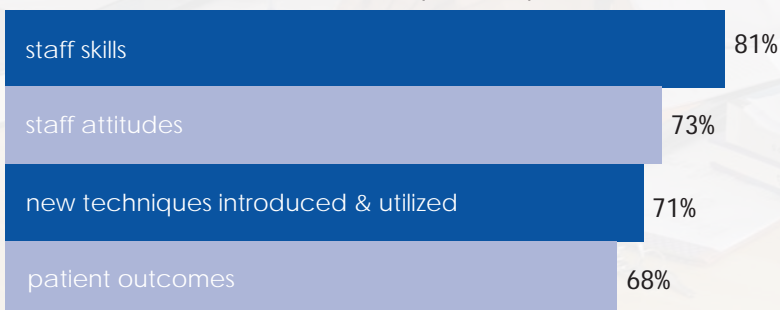
HVO is committed to ensuring our work meets the needs of our overseas partners. Each year, we work with our project directors, volunteers, and on-site coordinators to gather data about our work.



*"My prior experience working with people having vestibular problems in my institution helped me understand things taught in the class with relative ease. Though I had prior experience in treating people with vestibular disorders, this training helped me to become more systematic in my assessment, treatment planning, and treatment delivery. The program also trained me in planning and delivering individualized treatments for people with different kinds of vestibular disorders."*

- Lenny Vasanthan  
Wyss Scholar • Physiotherapy  
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We are grateful to the individuals, foundations and organizations who made financial and in-kind contributions to HVO in 2017.

*"HVO's leadership has invested in relationship building based on trust, understanding of partner needs and constraints, sensitivity to local culture and mores, and above all consistent engagement over several years to sustain the gains realized and continue to build on the momentum gained."*

-Vidya Swaminathan, PhD  
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Gary Melnick & Diane Ring

In Memory of Dr. Harry & Marilyn  
Zutz  
Robert & Maureen Zutz  
Thomas Zutz

*"My favorite experiences  
were in teaching the  
Uganda residents. They  
were engaged, inquisitive,  
and sharply astute. During  
my lecture on back  
pain the power went  
out, shutting down my  
PowerPoint presentation.  
The residents fetched  
a portable projector,  
which we aimed at the  
wall. Immediately after  
the talk several residents  
approached me with  
patient experiences and  
questions. One of them  
excitedly called me over to  
a patient bedside to show  
me a gibbus deformity on a  
lumbar film he recognized  
after we discussed it during  
my talk."*

-Jesse Powell, MD  
Internal Medicine · Uganda

## THE HVO LEGACY CIRCLE

*The following people have made a commitment to HVO's future through a provision in their charitable gift planning.*

Anonymous (6)  
Richard Coughlin, MD, MSc  
Jay Cox, MD  
Nancy Cox  
Kim Dunleavy, PhD, PT, OCS

Denise & Dennis English  
Germaine Fritz, DO  
Dr. & Mrs. David Frost  
Leslie Glickman, PT, PhD, MEd, MGA  
Elaine Goodall, PT, MEd

Nancy Kelly & Michael Hagan  
Richard & Mary Kemme  
Stephanie & Chris Murphy  
Celia Pechak, PT, PhD, MPH  
James Pembroke

Alfred Scherzer, MD, MS, EdD  
Steven Stoddard, MD  
Karen Pitts Stubenvoll, MD  
Dr. Robert & Ann Volz  
The estate of Harry Zutz, MD

# INDEPENDENT AUDITOR'S REPORT

To the Boards of Directors

Health Volunteers Overseas, Inc. and Affiliate

I have audited the accompanying combined financial statements of Health Volunteers Overseas, Inc. and Affiliate (nonprofit organizations) which comprise the combined statements of financial position as of December 31, 2017 and 2016, and the related combined statements of activities, functional expenses and cash flows for the years then ended, and the related notes to the financial statements.

## Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

## Auditor's Responsibility

My responsibility is to express an opinion on these financial statements based on my audits. I conducted my audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that I plan and perform the audits to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, I express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

## Opinion

In my opinion, the combined financial statements referred to above present fairly, in all material respects, the combined financial position of Health Volunteers Overseas, Inc. and Affiliate as of December 31, 2017 and 2016, and the changes in their net assets and their cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

*Kimberly F. Palmisano*

Kimberly F. Palmisano, CPA, P.A.  
Hunt Valley, Maryland  
June 5, 2018

# COMBINED STATEMENTS OF FINANCIAL POSITION

December 31, 2017 and 2016

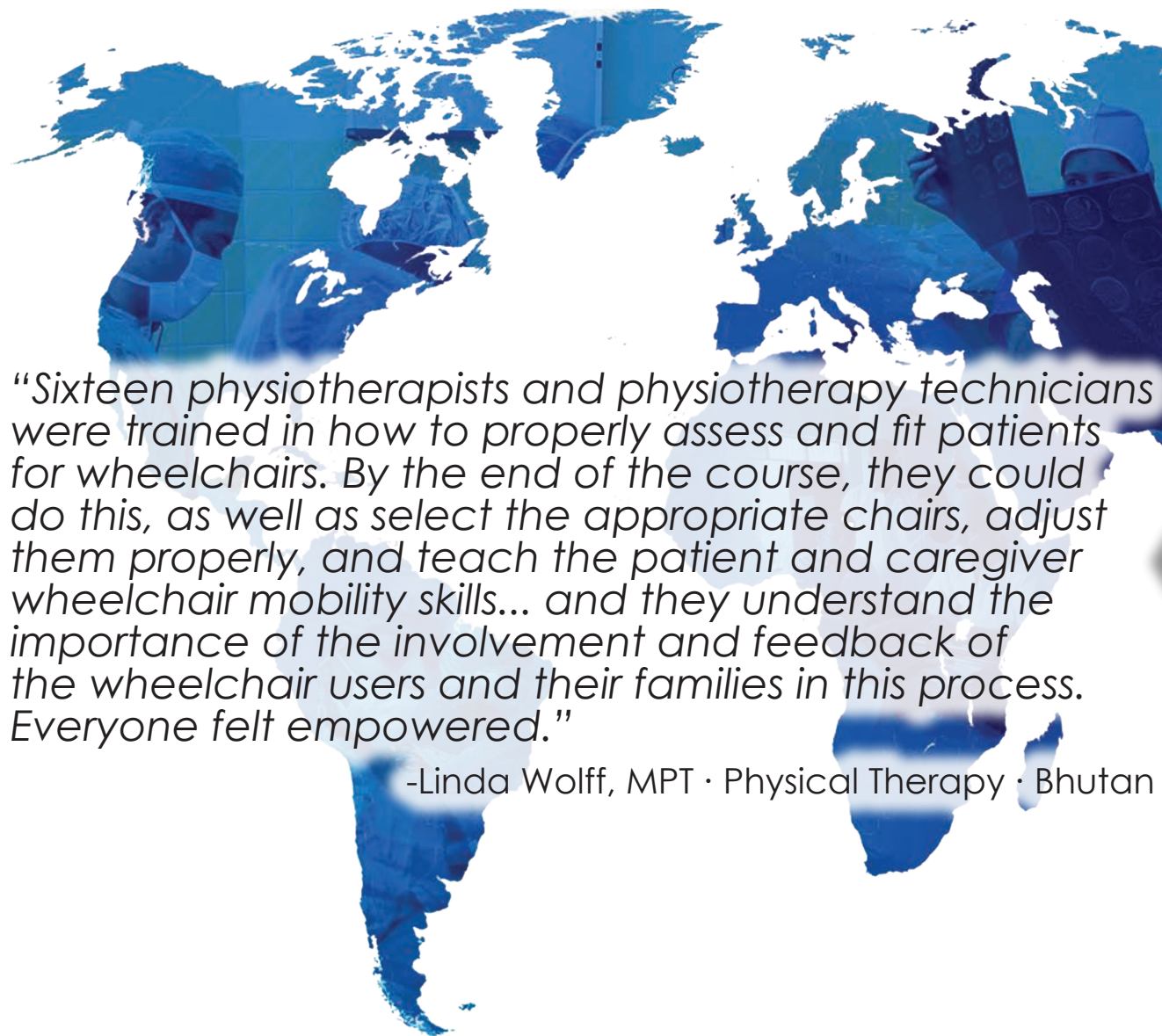
	ASSETS		2017	2016
CURRENT ASSETS				
Cash and Cash Equivalents		\$	182,039	\$ 97,613
Contributions Receivable			42,414	89,031
Marketable Securities			2,511,408	1,409,921
Promise To Give			340,000	340,000
Prepaid Expenses			36,575	24,465
TOTAL CURRENT ASSETS			3,112,436	1,961,030
FURNITURE AND EQUIPMENT				
Equipment			28,506	35,438
Furniture and Fixtures			13,966	14,589
Total			42,472	50,027
Less: Accumulated Depreciation			-32,212	-35,633
TOTAL FURNITURE AND EQUIPMENT, NET			10,260	14,394
OTHER ASSETS				
Deposits			6,955	8,455
Promise To Give			0	326,910
Charitable Remainder Trust Receivable			0	832,136
TOTAL OTHER ASSETS			6,955	1,167,501
TOTAL ASSETS		\$	3,129,651	\$ 3,142,925
	LIABILITIES AND NET ASSETS			
CURRENT LIABILITIES				
Accounts Payable and Accrued Expenses		\$	112,096	\$ 67,722
Deferred Registration			1,400	11,400
TOTAL CURRENT LIABILITIES			113,496	79,122
NET ASSETS				
Unrestricted			2,307,717	1,181,456
Temporarily Restricted			708,438	1,882,347
TOTAL NET ASSETS			3,016,155	3,063,803
TOTAL LIABILITIES AND NET ASSETS		\$	3,129,651	\$ 3,142,925

# COMBINED STATEMENTS OF ACTIVITIES

For the years ended December 31, 2017 and 2016

	2017			2016		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
<b>INCOME</b>						
Contributions						
In-Kind Contributions	\$ 7,643,921	0	\$ 7,643,921	\$ 6,748,075	0	\$ 6,748,075
Member Contributions	239,939	0	239,939	251,727	0	251,727
Contributions - Other	381,290	162,561	543,851	370,218	185,334	555,552
Workplace Giving Contributions	7,419	0	7,419	10,060	0	10,060
Charitable Remainder Trust -						
Change in Fair Value	0	325,732	325,732	0	36,391	36,391
Program Service Fees	8,030	0	8,030	12,410	0	12,410
Publications	1,925	0	1,925	2,400	0	2,400
Registration	6,744	0	6,744	4,900	0	4,900
Grant Income	0	116,717	116,717	0	223,149	223,149
Investment Income	201,821	0	201,821	75,868	0	75,868
Overhead	27,857	0	27,857	29,824	0	29,824
Miscellaneous	157	0	157	113	0	113
Net Assets Released						
from Restriction	1,778,919	-1,778,919	0	603,460	-603,460	0
<b>TOTAL INCOME</b>	<b>\$ 10,298,022</b>	<b>-1,173,909</b>	<b>\$ 9,124,113</b>	<b>\$ 8,109,055</b>	<b>-158,586</b>	<b>\$ 7,950,469</b>
General and Administrative Expenses	212,219		212,219	224,874		224,874
<b>PROGRAM EXPENSES</b>						
In-Kind Expenditures						
Professional Services Donations	6,623,403	0	6,623,403	5,593,126	0	5,593,126
Travel and Living Costs Paid by						
Volunteers	802,942	0	802,942	778,165	0	778,165
Equipment and Other Donations	215,576	0	215,576	376,784	0	376,784
Other Program	1,229,703	0	1,229,703	1,105,430	0	1,105,430
<b>TOTAL PROGRAM EXPENSES</b>	<b>8,873,624</b>	<b>0</b>	<b>8,873,624</b>	<b>7,853,505</b>	<b>0</b>	<b>7,853,505</b>
Fundraising Expenses	85,918	0	85,918	60,075	0	60,075
<b>TOTAL EXPENSES</b>	<b>9,171,761</b>	<b>0</b>	<b>9,171,761</b>	<b>8,138,454</b>	<b>0</b>	<b>8,138,454</b>
<b>CHANGE IN NET ASSETS</b>	<b>1,126,261</b>	<b>-1,173,909</b>	<b>-47,648</b>	<b>-29,399</b>	<b>-158,586</b>	<b>-187,985</b>
Net Assets - Beginning of Year	1,181,456	1,882,347	3,063,803	1,210,855	2,040,933	3,251,788
<b>NET ASSETS - END OF YEAR</b>	<b>\$ 2,307,717</b>	<b>\$ 708,438</b>	<b>\$ 3,016,155</b>	<b>\$ 1,181,456</b>	<b>\$ 1,882,347</b>	<b>\$ 3,063,803</b>

The complete audited statements are available upon request and on the HVO website.



*"Sixteen physiotherapists and physiotherapy technicians were trained in how to properly assess and fit patients for wheelchairs. By the end of the course, they could do this, as well as select the appropriate chairs, adjust them properly, and teach the patient and caregiver wheelchair mobility skills... and they understand the importance of the involvement and feedback of the wheelchair users and their families in this process. Everyone felt empowered."*

*-Linda Wolff, MPT • Physical Therapy • Bhutan*

## **CORPORATE & ORGANIZATIONAL PARTNERS**

### **BENEFACTORS (\$10,000 +)**

Cedars-Sinai Medical Center  
Global Impact  
Globus Medical, Inc.  
Mazor Robotics  
Misonix

### **STEWARDS (\$5,000 - \$9,999)**

American Association of Nurse  
Anesthetists  
Foundation for Anesthesia  
Education & Research

### **PATRONS (\$1,000 - \$4,999)**

Academy of Dentistry International  
American Osteopathic Academy of  
Orthopedics  
Henry Schein, Inc.  
Indianapolis Hand Society  
Medtronic, Inc.  
Orthopedic Associates

### **ASSOCIATES (\$500 - \$999)**

American Psychological Association  
OrthoCarolina  
Pediatric Orthopaedic Society of  
North America  
Society for Pediatric Dermatology

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# HVO's 2017 Project Sites



give.org

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