Quality health care. Local health professionals. For everyone, everywhere.
MISSION STATEMENT

Health Volunteers Overseas improves the availability and quality of health care through the education, training, and professional development of the health workforce in resource-scarce countries.

VISION

HVO envisions a world where all people have access to high quality health care delivered by local health professionals.

VALUES

• **Innovation** – We implement innovative, effective programs that meet the needs of host country institutions, are sustainable, and build local capacity.

• **Excellence** – We deliver transformative education projects that promote lifelong learning and professional development opportunities.

• **Partnership** – We work in partnership with other organizations, host governments and institutions, and local health care professionals in a cooperative spirit of mutual respect, equity, and integrity.

• **Stewardship** – We deeply value our members, donors, and volunteers and are committed to strong stewardship of these vital relationships.
LETTER FROM THE CHAIR AND EXECUTIVE DIRECTOR

HVO’s mission calls for improving the availability and quality of health care for people in countries where fiscal resources are limited. What is not so limited is the resource of people who are interested and dedicated to improving health care in their country. That is where HVO steps in. By working with our partner institutions to help address the needs they have identified, HVO delivers education and training for local health providers so that they can offer the best care possible for their patients. Highlights this year ranged from clinical protocols in Tanzania that were developed for management of all hematological malignancies to the initiation of an emergency medicine residency program and an EMT/EMR program in Bhutan.

In 2018, 411 volunteers served in 449 assignments in 101 projects around the world, providing training and mentorship to more than 3,000 health professionals. Each of those projects was designed in conjunction with our local partners to meet the needs they identified as most urgent. As needs change, the projects evolve. This on-going process of evolution is designed to build and strengthen the existing local health care infrastructure, to put systems and protocols in place, and to improve the resiliency of these health care delivery systems. In our annual survey of on-site coordinators, 91% observed improvements in staff skills and 84% observed improved patient outcomes.

HVO does not work alone to address these issues. In addition to partnering with local governmental and medical institutes, we work with the support and collaboration of our sponsoring professional associations, and corporate and organizational partners. We rely on the commitment and knowledge of hundreds of volunteers, all of whom are health care professionals sharing their time and talent to provide the leadership and direction for our projects.

Managing the work on a daily basis is an experienced, dedicated staff that understands the responsibility they have in ensuring that funds are wisely spent for maximal benefit. Careful stewardship of our financial resources is a key component, in order to maintain a healthy balance of funds so we can adequately address program requests in a strategically effective and efficient manner.

All of these elements – strong partnerships, financial stewardship, committed volunteer professionals, and a dedicated staff – work in tandem to deliver regionally appropriate educational training programs with a single goal in mind: to improve the knowledge and skills of local health professionals so that they can provide quality care for their community.

Thank you for your support and commitment to our shared goal!

Sincerely,

William C. Horton
Chair, HVO Board of Directors

Nancy A. Kelly
Executive Director

Nancy A. Kelly, MHS
Executive Director
## Partnerships

**2018 COLLABORATING INSTITUTIONS & ORGANIZATIONS**

We thank our many outstanding partners around the world for their support.

<table>
<thead>
<tr>
<th>Country</th>
<th>City</th>
<th>Institution</th>
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<tbody>
<tr>
<td>BHUTAN</td>
<td>Mongar</td>
<td>Eastern Regional Referral Hospital</td>
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<td></td>
<td>Thimphu</td>
<td>Jigme Dorji Wangchuck National Referral Hospital, Ministry of Health, Royal Institute of Health Sciences, University of Medical Sciences</td>
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<tr>
<td>BOLIVIA</td>
<td>La Paz</td>
<td>HOPE Worldwide, Hospital Arco Iris</td>
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<td>CAMBODIA</td>
<td>Kampot</td>
<td>Sonja Kill Memorial Hospital, Angkor Hospital for Children</td>
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<tr>
<td>GHANA</td>
<td>Kumasi</td>
<td>Komfo Anokye Teaching Hospital, University for Development Studies</td>
</tr>
<tr>
<td>GUYANA</td>
<td>Georgetown</td>
<td>Georgetown Public Hospital Corporation</td>
</tr>
<tr>
<td>HAITI</td>
<td>Deschapelles</td>
<td>Hôpital Albert Schweitzer, Port au Prince, Faculte d’Odontologie</td>
</tr>
<tr>
<td>HONDURAS</td>
<td>Tegucigalpa</td>
<td>Cancer Center Emma Callejas, Hospital Escuela, Hospital San Felipe</td>
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<tr>
<td>INDIA</td>
<td>Bangalore</td>
<td>Bangalore Baptist Hospital, Raxaul, Duncan Hospital</td>
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<td></td>
<td>Vellore</td>
<td>Christian Medical College</td>
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<tr>
<td>LAOS</td>
<td>Luang Prabang</td>
<td>Lao Friends Hospital for Children</td>
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<tr>
<td></td>
<td>Vientiane</td>
<td>National University of Laos</td>
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<tr>
<td>MALAWI</td>
<td>Blantyre</td>
<td>Malawi College of Medicine, Queen Elizabeth Central Hospital, University of Malawi</td>
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"[As a result of our work with HVO we] prepared the first batch of counseling students for their exit exams in mid-2019. Also were able to take in one medical doctor for residency in psychiatry, which itself is a landmark for the Khesar Gyalpo University of Medical Sciences in Bhutan."

- Damber Nirola, MD

Mental Health · Bhutan
MYANMAR
Yangon
Yangon General Hospital
Yangon Orthopaedic Hospital

NEPAL
Bhaktapur
Bhaktapur Cancer Hospital

Dhulikhel
Dhulikhel Hospital

Kathmandu
Dermatology Institute Skin Health & Referral Center
Kathmandu Medical College & Teaching Hospital
Kathmandu University
School of Medical Sciences
National Academy of Medical Sciences
Nepal Medical College & Teaching Hospital

Tansen
Lumbini Medical College

NICARAGUA
Managua
Hospital Escuela Antonio Lenin Fonseca
Hospital Escuela Roberto Calderón Gutierrez
Hospital Infantil Manuel Jesus Rivera
Hospital Militar Escuela Alejandro Davila Bolanos
Instituto Politecnico de la Salud

PERU
Arequipa
Carlos Alberto Sequin Escobdo Hospital
Catholic University of Santa Maria Yanahuarca Hospital

Chiclayo
The Craniofacial Center of Hospital Regional Docente, Las Mercedes

PHILIPPINES
Manila
Philippine General Hospital

RWANDA
Kigali
King Faisal Hospital
Rwanda Physiotherapy Association
School of Health Sciences, College of Medicine & Health Sciences, University of Rwanda

ST. LUCIA
Vieux Fort
St. Jude Hospital

TANZANIA
Dar es Salaam
Muhimbili National Hospital
Muhimbili University of Health and Allied Sciences
Tanzanian Dental Association

Moshi
Kilimanjaro Christian Medical Centre

Mwanza
Weill Bugando Medical Centre

UGANDA
Kampala
Makerere University
Mulago National Referral Hospital

Mbarara
Mbarara University of Science and Technology
Mbarara University Teaching Hospital

VIETNAM
Da Nang
Da Nang Orthopaedics and Rehabilitation Center
Da Nang University of Medical Technology and Pharmacy

Hai Duong
Hai Duong Medical and Technical University

Ho Chi Minh City
Hospital for Traumatology and Orthopaedics

Hue
Hue University of Medicine and Pharmacy

UNITED STATES and ELSEWHERE
AO North America, Department of Continuing Medical Education
Bhutan Foundation
Direct Relief International
Friends Without a Border
Global Health Workforce Alliance
Global-HELP
Global Impact
Global Volunteer Partnership
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International Federation for Dental Education
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Society for Education in Anesthesia
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US Department of State’s Office of Weapons Removal and Abatement
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University of Utah, Department of Orthopaedics
UPenn Medicine – Penn Orthopaedics
Vellore Christian Medical College Foundation, Inc.
World Health Organization, Department of Essential Health Technologies, Emergency & Essential Surgical Care Clinical Procedures Unit (CPR)
World Orthopaedic Concern
Leadership
2018 PROJECT DIRECTORS & STEERING COMMITTEE MEMBERS

Volunteers provide the guidance and support essential for the success of HVO programs. These leaders work year-round in many capacities – on Steering Committees providing oversight and exploring new project opportunities, and as Project Directors recruiting and preparing volunteers, as well as monitoring and refining the educational goals of individual projects. Special thanks are due to these individuals who provide the framework for the management of HVO’s educational programs.

ANESTHESIA & NURSE ANESTHESIA STEERING COMMITTEES
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Jo Davies, MBBS, FRCA
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Brian Harrington, MD – chair
Michael Hatch, MD
Shawn Collins, CRNA, DNP, PhD – chair
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Janet Dewan, MS, CRNA, PhD
Evan Koch, CRNA, MSN
Brett Morgan, DNP, CRNA

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Cambodia (Phnom Penh) Victoria Seligman, MD
Costa Rica George Meyer, MD
Guyana Zahira Khalid, MBBS
India Gennaro Taddei, MD, PhD
Nepal Maria Teresa Olivari, MD
Uganda (Kampala) Rebecca Kruisselbrink, MD, MPH
Uganda (Mbarara) Claudia Leonard, MD

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LoAnn Peterson, MD
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Uganda M. Yasar Celiker, MD

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Lynn McKinley-Grant, MD
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Sylvia Parra, MD - chair
Vishal Patel, MD
Wingfield Rehmus, MD, MPH
Benjamin Stoff, MD
Andrea Zaenglein, MD

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Tanzania Theresa Coetzee, PhD & Enrico Novelli, MD
Uganda M. Yasar Celiker, MD

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George Pantely, MD
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PROJECT DIRECTORS
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Cambodia (Kampot) Maria Teresa Olivari, MD
Cambodia (Phnom Penh) Victoria Seligman, MD
Costa Rica George Meyer, MD
Guyana Zahira Khalid, MBBS
India Gennaro Taddei, MD, PhD
Nepal Maria Teresa Olivari, MD
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Uganda (Mbarara) Claudia Leonard, MD

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Barbara Kelley, RN, EdD, MPH, CPNP
Jeanne Jeffers, PhD, RN - chair
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Margaret Sullivan, MS, RN, FNP-C
Michele Upvall, PhD, RN, CNE
Barbara Wise, PhD, RN, CPNP
Susan Wood, MSN, PNP-BC, MPH, IBCLC
HVO Scholarship

- **Johanna Eliacin & Marie Minolta Belfort** (Société Haïtienne de Physiothérapie, Port-au-Prince, Haiti): Attended meeting of the North America Caribbean Region sector of the World Confederation for Physical Therapy, and management training at HVO

- **Jean-Damascene Bigirimana, PT** (Rwanda Allied Health Professions Council): Attended physical therapy conference in Kenya

- **Drs. Mahesh Gurung, Yeshey Penjore, & Bhaktaraj Giri** (Jigme Dorji Wangchuck National Referral Hospital (JDWNRH), Thimphu, Bhutan): Attended World Heart Federation World Congress in Dubai

Wyss Scholarship for Future Leaders in Global Health

- **Dr. Fanuel Bellet** (Kilimanjaro Christian Medical Centre (KCMC), Moshi, Tanzania): Attended annual American Academy of Orthopaedic Surgeons meeting, and observed with HVO volunteers at their practices

- **Dr. Sonam Kelzang** (Surgery Department, JDWNRH): Attended 43rd Annual Scientific Congress of the Royal College of Surgeons of Thailand

- **Ines Musabyemariya, PT** (Humanity & Inclusion, Kigali, Rwanda): Attended World Federation of Occupational Therapy conference in Cape Town, South Africa

- **Dr. Anthony Pallangyo** (KCMC): Attended SMART trauma course & SIGN fracture conference in Washington state & San Francisco

- **Karma Phuentsho, BPT, MBA** (Physiotherapy, JDWNRH): Attended wheelchair training and observation at Rancho Los Amigos Rehabilitation Center in Los Angeles

- **Drs. Sonam & Dinesh Pradhan** (Pediciatrics, Khesar Gyalpo University of Medical Sciences, Bhutan (KGUMSB), Thimphu, Bhutan): Attended Pediatric Nephrology for Asia conference in Singapore

- **Monu Tamang, PT** (JDWNRH): Attended orthopaedic manual therapy course in Perth, Australia

- **Drs. Tshering Tamang & Rojna Rai** (Ob-Gyn, KGUMSB): Attended Royal College of Obstetricians and Gynaecologists World Congress in Singapore
I love working with the pediatric residents and interns. Watching the young doctors learning how to care for their young patients is so rewarding.

-Leila Srour, MD, MPH, DTM&H
Pediatrics - Bhutan
Some of our 2018 accomplishments:

- **Bhutan Orthopaedics**: First shoulder arthroscopy surgery and formative assessment tool added to residency program curriculum
- **Bhutan Nursing/Oncology**: Developed & implemented nursing chemotherapy assessment form as new standard of care practice
- **Cambodia Anesthesia**: Epidural analgesia protocol implemented in maternity department
- **Ghana Hand Therapy**: New protocol for management of flexor tendon repairs implemented
- **Haiti Physical Therapy**: Clinical guidelines & assessment form for stroke patients implemented
- **Nepal Oral Health**: Clinical protocols in orthodontics implemented and conscious sedation adopted for the first time in dental department
- **Peru Hematology**: Introduced the Wright-Giemsa stain for a better cytological evaluation of bone marrow smears in hematological diseases
- **Tanzania Hematology**: Clinical protocols developed for management of all hematological malignancies
- **Global**: Publication of ebook for the HVO-sponsored topic, International Partnerships for Strengthening Health Care Workforce Capacity: Models of Collaborative Education

HVO by the Numbers

- **101** active projects
- **449** assignments completed
- **7,169** volunteer days served
- **3,000+** health professionals received training & mentoring from HVO volunteers
- **91%** of on-site coordinator surveys reported improvements in staff skills
Volunteers
We thank the many individuals who completed volunteer assignments in 2018.

*indicates multiple assignments completed

Kay Ahern, PT, CHT
Madiha Ahmad, MD
Stephanie Ahmed, MD
Robert Ahrens, MD
Daisy Alapat, MD
Emmy Alexander, OTR/L, CHT
Kristin Algoe, MD
Cheryl Allaby, MD
Nate Allen, BSN, RN, SRNA
Donald Altman, DDS, MPH
Kristin Alves, MD
Rebecca Amer, MD
Naushad Amin, MD
Bruce Anderson, DDS
Carlos Julio Aponte, MD
Kelly Arwari, MD
Jason Ash
Meg Autry, MD ***
Jacob Babu, MD, MHA
Sarah Baddorf, MD
Dee Bambrough, CRNA, BSN
Glen Barden, MD
Brant Barr, MD
Barbara Bates-Jensen, PhD, RN
Margaret Baum, MD
Robert Baxt, MD
Jessica Bay, MSN, NP-C, OCN
Brittany Behar, MD
Janna Beling, PhD, PT **
Jogchum Beltman, MD
Eugenio Beltran, DMD, DrPH ***
Susan Benton, MD
Angel Bershaw, RN
Matthew Best, MD
Gouri Shankar Bhattacharyya, MD, PhD, MRCP
Barbara Billek-Sawhney, PT, EdD, DPT, MS, GCS
Cary Bjork, MD
Jonathan Blackwell, MBBS
Charles Blitzer, MD
Julie Blondell, OT
Charles Bloomer, DDS
William Bohl, MD
Praba Boominathan, MD
Brian Bost, MD, MPH
Deborah Boyle, RN, MSN, AOCNS, FAAN
Debbie Brady, Med, CCC-SLP
T. Desmond Brown, MD
Mary Ellen Brown, MS, OTR/L
Timothy Brox, MD
Maureen Bruns, MD
Odd Terje Brustugun, MD, PhD
F. Peter Buckley, MBBS, FRCA
Anna Budde, MD
John Burrell, MD
Julie Buser, CPNP, RN
William Byer, CRNA **
Bruce Camitta, MD
Christopher Capua, DMD
Charlene Carroll, MD
Andrea Cedeno-Tobon, SPT
Leia Chancellor, MD
Rubin Chandran, MD
Juliana Chaves, MD
Oriana Chen, MD
Yashwant Chowdhary, MD
Mary Christman, PT, MAEd
Sarah Clark, MD
Jennifer Coates, MSN, CRNA
Francois Colin, MBChB
Joel Cooper, DDS, MA
Joshua Cooper, SPT
Rubens Costa, MD
Fiona Coughlan
James Candrell, MD
Glen Crawford, MD
William Creasman, MD
Richard Cronin, MD
Paul Crowe, MD
Suzanne Crowe
Randall Culp, MD
Kevin Cummings, DDS
Peter Curran, MD
Gregory Czarnecki, DDS **
Erika Daley, MD
Kamruz Darabi, MD
Pooja Dave, MD **
Steven DeFroda, MD
Christopher Dela Cruz, SPT
Sravan Dhulipala, MD
Jude Divers, MD
Marci Dodds, RN, CWS
Lena Dohlman-Gerhart, MD, MPH **
David Dore, MD
Colin Doyle, CRNA
Rosemary Duda, MD, MPH
Shaun Dudani, MB ChB
Kim Dunleavy, PhD, PT, OCS
Charles Dunton, MD
Rashed Durham, MD
Mark Duster, MD **
Odnakachukwu Ehie, MD
Denise English, PT **
Dale Erickson, MD, FACP
Benjamin Evenchik, MD
Lisa Everson, MD **
Marybeth Ezaki, MD
Brian Failla
Emmanuel Faluade, MD
Farnaz Farhi, MD
Amy Fenoglio, MD
Maria Solange Ferraguti, MD
Isabel Ferreira, PT, DPT
Joao Ferreira, MD, MS
Siri Fiebiger, MD, MPH
Matthew Fisher, DMD
David Fitz, MD
Alex Fleury, DDS, MS
Laura Fogliatto, MD, PhD
Allen Follis, MSN, CRNA
David Fray, DDS
Lawrence Freedman, MBBS, FRCS (Eng)
Germaine Fritz, DO
Christoph Funk, MUDr
Julie Gahimer, PT, HSD
Kenny Gardner, SPT
Karen Geukers, MD
Habib Ghaddar, MD, FACP
Saad Ghaddar, PhD
Angela Gibbs, MD
Macy Gill, SPT
Dorey Glenn, MD
Leslie Glickman, PT, PhD, MEd, MGA
L. Michael Glode, MD
Katherine Godwin, OTR/L, CHT, CLT, MS
Devon Goff, SPT
Steve Gorlick, MD
Fred Gottlieb, MD, MPH
Jenna Gould, SPT
Abanoub Graiss
GOLDEN APPLE AWARD

The Golden Apple Award, established by the HVO Board of Directors in 2006, recognizes extraordinary contributions in support of HVO’s mission, organization, and/or project sites. The honor recognizes work in curriculum development, mentoring of faculty, students, clinicians or fellow volunteers, didactic or clinical training, development of education resources, leadership and/or extraordinary contribution to the sustainability and effectiveness of HVO.

2018 GOLDEN APPLE HONOREES

Janna Beling, PhD, PT
Alexia Knapp, MD, MS
Pamela Cole, PT, CWS
Sithach Mey, MD
Robert Hoffman, MD
George Meyer, MD
Cynthia Howard, MD, MPHTM
Prakash Neupane, MD
Dashrath Kafle, BDS, MDS

Alexia Knapp, MD, MS
Sithach Mey, MD
George Meyer, MD
Prakash Neupane, MD
“Being allowed to enter a culture and be a participant as a healthcare provider is a great privilege that is confirmed every time I complete an assignment. What a wonderful opportunity to share information and observe how dentistry is practiced in other parts of the world.”

- Greg Czarnecki, DDS
Oral Health· Nepal
Donors
We are grateful to all who made financial and in-kind contributions to HVO in 2018.

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Nancy Kelly & Michael Hagan
Stephanie Murphy, MPA, CPA
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Charles Blitzer, MD
Mark Brazinski, MD
Charity Burke Walters, MD
F. Craig Conrath
Jay & Nancy Cox
Stephen Curtin, MD
John Daly
Jo Davies, MBBS, FRCA
Thomas Degenhardt, MD
Kamlash Desai, MD
James Dyreby, MD
Jane Easdown, MD
Richard Ekstein
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Mark Carlson, MD
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John & Marian Chase
Helen Cherrett, MA
Anne Cherry, MD
David Dore, MD
Paul Duffy
The following special category of membership reflects the generous support of individuals committed to the future of our organization through a lifetime membership.*

*as of December 31, 2018

SURGEONS’ CIRCLE

The following Surgeons’ Circle members renewed their commitment to addressing the global health workforce crisis, making a second pledge to the Surgeons’ Circle.

Richard Coughlin, MD, MSc
Jay Cox, MD
John Drake, MD
John Esterhai, MD
Richard Fisher, MD
Germaine Fritz, DO
Guillermo García, MD
R. Michael Gross, MD
John Kelly, DMD, MD
Isador Lieberman, MD, MBA, FRCS
Gilbert Shapiro, MD
Carla Smith, MD, PhD
David Spiegel, MD
Steven Stoddard, MD
2018 IN-KIND DONORS

We thank the many companies, associations, and individuals who contributed educational materials, medical equipment and supplies, and other services that advanced HVO’s capacity to deliver quality educational programs overseas.

GRANTS

ADA Foundation
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International Society of Surgical Oncology
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Karolyn Wanat, MD
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Lakeland Regional Medical Center
Mar-Med Co.
Diane Muench
Scientific Software Solutions
SIGN Fracture Care
International Society of Surgical Oncology
Spineart USA
University of Washington
Karolyn Wanat, MD
WBC Industries

We thank the many companies, associations, and individuals who contributed educational materials, medical equipment and supplies, and other services that advanced HVO’s capacity to deliver quality educational programs overseas.
In honor of Nabeel Akhtar
Jacqueline Stolo

In honor of Danielle Yvonne Berres
Michael Bradbury, PT, DPT

In honor of Bari Boyer & Marshall Katzen
Fred Shuster

In honor of Holly Brown Lenard, MD
Jerry Goodmark

In honor of Marcia Browne, MD
Jeffrey Clark, MD

In honor of Charlene Carroll, MD
Anthony Cadena

In honor of Peter Curran & Quin Whitman
Richard Stilton

In honor of Charles Failmezger, MD
Duncan Wilson

In honor of J. Michael Holloway, MD
Tommy Eison & Patti McAbee
H.N. Watson

In honor of Linda & John James
Suzanne & Richard King

In honor of Beverly Jolbitado
Jocelyn Sivilingam, MD

In honor of Neil Keats, MD
Julie Belkin

In honor of John Kelly, DMD, MD
Christine & Malcolm Hamilton-Hall

In honor of Nancy Kelly
Donna Petersen, MHS, ScD

In honor of Nancy Kelly & Dr. Gaston Barnechea
Robert Snyder, MD

In honor of Nancy Kelly & Michael Hagan
David & Claudia Frost

In honor of Roy Korn, MD, MPH
Patricia Korn

In honor of Molly Levin
Carol & Glenn Weisfeld

In honor of Isador Lieberman, MD
Arthur Nahatis

In honor of Paula Lynch
John & Martha Bollenbacher

In honor of Katherine McMullen
Melinda McMullen

In honor of Stephanie Murphy
Margarete-Rose Pagano Miller
Richard & Geralyn Schul

In honor of Janet Nordstrom, PT
Hans Nordstrom

In honor of Kanu Okike, MD, MPH
Christine Okike
Nnamdi Okike

In honor of Nsidinanya Okike
Christine Okike

In honor of George Pantely, MD
Audrey Bentz
Jolene & Guy Neal

In honor of Julia Plotnick
Linda James
Marie O’Toole, RN, EdD, CRRN
Joanne Williamson
Robert & Maureen Zutz

In honor of Pamela Reynolds, PT, EdD
Rachel Reynolds

In honor of Dr. & Mrs. Andrew Ruvo
David & Claudia Frost

In honor of Dr. Debra Sacco and Mr. Jim Sacco
David & Claudia Frost

In honor of Jim Sanders, MD
Susan & Jeff Neustadt

In honor of Gary Seiden & Bashir Amanat
Brian Goeken

In honor of Victoria Seligman, MD
Isaiah & Janet Seligman

In honor of Dr. & Mrs. Adam Serlo
David & Claudia Frost

Tribute Gifts
We are grateful to all who made tribute gifts in 2018.
In honor of Robert Stein, MD
Rita & Gideon Frishman

In honor of Lorraine Stern
Susie Lowe-Stockwell

In honor of Dr. Ugyen Thinley
Samuel Baker, MD

In honor of Dr. & Mrs. Brian Vandersea
David & Claudia Frost

In honor of Yvonne Vaucher, MD, MPH
Martha Fuller, RN, MSN, PNP

In honor of Hugh Watts, MD
Linda & Mike Fetters

In honor of Larry Wolfe
John Lancaster
Minh Chau Thi Nguyen, MPH

In honor of Nicholas Yates, MD
Michael Lewis, MD

In honor of Michael Ziman
Debra Collins

In honor of Stanley Zucker
Northport Veterans Administration Medical Center

In honor of my wife, mother, and mother-in-law
Jason Mitchell, MD

In honor of our parents
Dennis & Margie Vargo

MEMORIAL GIFTS
In memory of Sharon Bjork
Cary Bjork, MD

In memory of Judy Canfield-Henry, PT, MSED, EdD
Paul Henry, PhD

In memory of Alma P. Deal
Vol & Jan Moody

In memory of Patrick Derosa, MD
Jeffrey Lazarus, MD

In memory of Rita Feinberg
Andrew Culbertson
Alison Feinberg
Lloyd Feinberg & Betsy Marcotte
Jane Hurd
Margot Zimmerman

In memory of John Garde, CRNA
Maureen Shekleton, PhD, RN, FAAN

In memory of Norbert Kerfeld
Cheryl Kerfeld, PT, PhD

In memory of Carl A. Kukkonen
Helen Bjork

In memory of Edward A. Loniewski, DO
Germaine & Jeff Fritz

In memory of David B. Lovejoy, MD
Mary Lovejoy
Henry Stow Lovejoy

In memory of Virginia Moehring
Elaine Granquist

In memory of Dr. James Puhl
Fran & Paul Hermanson

In memory of Steven Walerstein, MD
S. Kalani Brady
Robert Bundtzen, MD
Jim & Gayle Cather
Douglas DeLong
Andrew Dunn
Lawrence Feinberg, MD
Clark Gregg
Susan Hingle, MD
Diane Holmes
Robert McLean
George Meyer, MD
Kenneth & Janine Olive
Lisa Zacher

In memory of Kimberly Wesdock, PT, MS, PCS
James Wesdock

In memory of Harry Zutz, MD
Robert Cole
Judith Doctor
Benjamin Gordon

In memory of Harry & Marilyn Zutz
Robert & Maureen Zutz
Thomas Zutz

In memory of Mom, Dad & Patti
Carol Al-Awadi

In memory of her son, Joe
Lisa Prusak, MD

THE HVO LEGACY CIRCLE*
The following people have made a commitment to HVO’s future through a provision in their charitable gift planning.
*as of December 31, 2018

Anonymous (8)
Charles & Sandy Blitzer
Richard Coughlin, MD, MSc
Jay Cox, MD
Nancy Cox
Kim Dunleavy, PhD, PT, OCS
Denise & Dennis English
Germaine Fritz, DO
Dr. & Mrs. David Frost
Leslie Glickman, PT, PhD, MEd, MGA
Elaine Goodall, PT, MEd
Nancy Kelly & Michael Hagan
Richard & Mary Kemme
Stephanie & Chris Murphy
Celia Pechak, PT, PhD, MPH
James Pembroke
Alfred Scherzer, MD, MS, EdD
Steven Stoddard, MD
The estate of Karen Pitts Stubenvoll, MD
Dr. Robert & Ann Volz
INDEPENDENT AUDITOR’S REPORT

To the Boards of Directors
Health Volunteers Overseas, Inc. and Affiliate

I have audited the accompanying combined financial statements of Health Volunteers Overseas, Inc. and Affiliate (nonprofit organizations) which comprise the combined statements of financial position as of December 31, 2018 and 2017, and the related combined statements of activities, functional expenses and cash flows for the years then ended, and the related notes to the financial statements.

Management’s Responsibility for the Financial Statements
Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor’s Responsibility
My responsibility is to express an opinion on these financial statements based on my audits. I conducted my audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that I plan and perform the audits to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor’s judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity’s preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity’s internal control. Accordingly, I express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Opinion
In my opinion, the combined financial statements referred to above present fairly, in all material respects, the combined financial position of Health Volunteers Overseas, Inc. and Affiliate as of December 31, 2018 and 2017, and the changes in their net assets and their cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Kimberly F. Palmisano
Kimberly F. Palmisano, CPA, P.A.
Hunt Valley, Maryland
June 3, 2019
## COMBINED STATEMENTS OF FINANCIAL POSITION
December 31, 2018 and 2017

### ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>$80,629</td>
<td>$182,039</td>
</tr>
<tr>
<td>Contributions Receivable</td>
<td>19,692</td>
<td>42,414</td>
</tr>
<tr>
<td>Investments</td>
<td>$2,262,977</td>
<td>$2,511,408</td>
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<tr>
<td>Promise to Give</td>
<td>0</td>
<td>340,000</td>
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<tr>
<td>Prepaid Expenses</td>
<td>37,711</td>
<td>36,575</td>
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<tr>
<td><strong>TOTAL CURRENT ASSETS</strong></td>
<td>$2,401,009</td>
<td>$3,112,436</td>
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<tr>
<td><strong>FIXED ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Equipment</td>
<td>28,507</td>
<td>28,506</td>
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<tr>
<td>Furniture &amp; Fixtures</td>
<td>13,966</td>
<td>13,966</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>42,473</td>
<td>42,472</td>
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<tr>
<td>Less: Accumulated Depreciation</td>
<td>-35,790</td>
<td>-32,212</td>
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<tr>
<td><strong>TOTAL FIXED ASSETS, NET</strong></td>
<td>6,683</td>
<td>10,260</td>
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<tr>
<td><strong>OTHER ASSETS</strong></td>
<td></td>
<td></td>
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<tr>
<td>Deposits</td>
<td>6,955</td>
<td>6,955</td>
</tr>
<tr>
<td><strong>TOTAL OTHER ASSETS</strong></td>
<td>6,955</td>
<td>6,955</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$2,414,647</td>
<td>$3,129,651</td>
</tr>
</tbody>
</table>

### LIABILITIES & NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CURRENT LIABILITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts Payable &amp; Accrued Expenses</td>
<td>$115,203</td>
<td>$112,096</td>
</tr>
<tr>
<td>Deferred Registration</td>
<td>1,300</td>
<td>1,400</td>
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<tr>
<td><strong>TOTAL CURRENT LIABILITIES</strong></td>
<td>116,503</td>
<td>113,496</td>
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<tr>
<td><strong>NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without Donor Restrictions</td>
<td>1,861,620</td>
<td>2,307,717</td>
</tr>
<tr>
<td>With Donor Restrictions</td>
<td>436,524</td>
<td>708,438</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td>2,298,144</td>
<td>3,016,155</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES &amp; NET ASSETS</strong></td>
<td>$2,414,647</td>
<td>$3,129,651</td>
</tr>
</tbody>
</table>
# COMBINED STATEMENTS OF ACTIVITIES

For the years ended December 31, 2018 and 2017

The complete audited statements are available upon request and on the HVO website.

## INCOME

<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contributions</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-kind contributions</td>
<td>$ 7,535,522</td>
<td>0</td>
<td>$ 7,535,522</td>
<td>$ 7,643,921</td>
<td>0</td>
<td>$ 7,643,921</td>
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<tr>
<td>Member contributions</td>
<td>227,945</td>
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<td>227,945</td>
<td>239,939</td>
<td>0</td>
<td>239,939</td>
</tr>
<tr>
<td>Contributions - other</td>
<td>288,838</td>
<td>222,555</td>
<td>511,393</td>
<td>381,290</td>
<td>162,561</td>
<td>543,851</td>
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<tr>
<td>Workplace giving contributions</td>
<td>6,571</td>
<td>0</td>
<td>6,571</td>
<td>7,419</td>
<td>0</td>
<td>7,419</td>
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<tr>
<td>Charitable remainder trust - change in fair value</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>325,732</td>
<td>325,732</td>
<td></td>
</tr>
<tr>
<td>Program fees, registration, publications</td>
<td>16,567</td>
<td>0</td>
<td>16,567</td>
<td>16,856</td>
<td>0</td>
<td>16,856</td>
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<tr>
<td>Grant income</td>
<td>0</td>
<td>200,486</td>
<td>200,486</td>
<td>0</td>
<td>116,717</td>
<td>116,717</td>
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<tr>
<td>Investment income (loss), net</td>
<td>-128,457</td>
<td>0</td>
<td>-128,457</td>
<td>201,821</td>
<td>0</td>
<td>201,821</td>
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<tr>
<td><strong>Overhead</strong></td>
<td>34,356</td>
<td>0</td>
<td>34,356</td>
<td>27,857</td>
<td>0</td>
<td>27,857</td>
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<tr>
<td>Net assets released from restriction:</td>
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<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Expiration of time restriction</td>
<td>340,000</td>
<td>-340,000</td>
<td>0</td>
<td>1,497,869</td>
<td>-1,497,869</td>
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<tr>
<td>Satisfaction of donor restricted purpose</td>
<td>354,955</td>
<td>-354,955</td>
<td>0</td>
<td>281,050</td>
<td>-281,050</td>
<td>0</td>
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<tr>
<td><strong>TOTAL INCOME</strong></td>
<td>$ 8,676,297</td>
<td>-271,914</td>
<td>$ 8,404,383</td>
<td>$10,298,022</td>
<td>-1,173,909</td>
<td>$ 9,124,113</td>
</tr>
</tbody>
</table>

## EXPENSES

<p>| | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General &amp; administrative expenses</strong></td>
<td>220,629</td>
<td>0</td>
<td>220,629</td>
<td>212,219</td>
<td>0</td>
<td>212,219</td>
</tr>
<tr>
<td><strong>Program expenses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-Kind Expenditures</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional Services Donations</td>
<td>6,743,485</td>
<td>0</td>
<td>6,743,485</td>
<td>6,623,403</td>
<td>0</td>
<td>6,623,403</td>
</tr>
<tr>
<td>Travel &amp; living costs paid by volunteers</td>
<td>673,180</td>
<td>0</td>
<td>673,180</td>
<td>802,942</td>
<td>0</td>
<td>802,942</td>
</tr>
<tr>
<td>Equipment &amp; Other Donations</td>
<td>118,857</td>
<td>0</td>
<td>118,857</td>
<td>215,576</td>
<td>0</td>
<td>215,576</td>
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<tr>
<td>Other Program</td>
<td>1,293,086</td>
<td>0</td>
<td>1,293,086</td>
<td>1,229,703</td>
<td>0</td>
<td>1,229,703</td>
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<tr>
<td><strong>Total program expenses</strong></td>
<td>8,828,608</td>
<td>0</td>
<td>8,828,608</td>
<td>8,873,624</td>
<td>0</td>
<td>8,873,624</td>
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<tr>
<td><strong>Fundraising expenses</strong></td>
<td>73,157</td>
<td>0</td>
<td>73,157</td>
<td>85,918</td>
<td>0</td>
<td>85,918</td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td>9,122,394</td>
<td>0</td>
<td>9,122,394</td>
<td>9,171,761</td>
<td>0</td>
<td>9,171,761</td>
</tr>
</tbody>
</table>

## CHANGE IN NET ASSETS

<p>| | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>-446,097</td>
<td>-271,914</td>
<td>-718,011</td>
<td>1,126,261</td>
<td>-1,173,909</td>
<td>-718,011</td>
<td>-47,648</td>
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<tr>
<td><strong>NET ASSETS - END OF YEAR</strong></td>
<td>$1,861,620</td>
<td>$ 436,524</td>
<td>$ 2,298,144</td>
<td>$ 2,307,717</td>
<td>$ 708,438</td>
<td>$ 3,016,155</td>
</tr>
</tbody>
</table>
“I have been working internationally since 1974 and continue this commitment to work in underserved areas. Every situation increases medical knowledge, awareness of politics and social issues around the world, and a way to interact with people from around the world at a deeper level than general travel allows. I always learn and receive more than I can ever give.”

- Fred Gottlieb, MD, MPH
Internal Medicine ∙ Guyana

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- Ghana
- Malawi
- Rwanda
- Tanzania
- Uganda

EASTERN EUROPE
- Moldova

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- Cambodia
- China
- India
- Laos
- Myanmar
- Nepal
- Philippines
- Vietnam

Health Volunteers Overseas
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Tel: (202) 296-0928 • Fax: (202) 296-8018 • E-mail: info@hvousa.org • www.hvousa.org